



ETHIOPIAID

**BEHEBRET
TOGETHER**

A MESSAGE FROM OUR CHAIR

Welcome to our renamed newsletter

'Behebre' means 'coming together' in Amharic, the widest spoken Ethiopian language. We chose this name as it is together with you, our loyal supporters, and our local Ethiopian partners that we are able to instigate positive change and help more people in Ethiopia live self-sustainable lives.

It has been a busy first half of the year. We have been restoring water and hope in the drought stricken Afar region. Thanks to a number of generous donations we have received from our donors we have been able to support relief efforts of these local communities while they work at developing water management systems that will free them from their reliance on water trucking and emergency aid.

In the spirit of togetherness it is wonderful to see two of our partners, Dignity Period and APDA, team up and work together to distribute reusable, washable sanitary pads amongst pastoralist girls in remote regions of Afar. It is a challenging environment in which to work. The searing temperatures and sparsely populated rough terrain as well as the pastoralist way of life could have made it hard to reach the neediest.

We are also delighted to announce the first corporate partnership for Ethiopiaid Ireland, with Crean Salley Architects (CSA). CSA were established in 1991 and are based in Dublin. We look forward to working with Gerry Salley and his team at CSA in the coming months and years and thank them for their support and commitment to Ethiopiaid.

Another first for Ethiopiaid Ireland! We hope to host our first Executive Dinner event in Dublin.

In addition to fundraising, the purpose behind the dinner is to increase awareness of Ethiopiaid Ireland's many activities in Ethiopia, grow our brand and broaden the scope of our fundraising activities. Many of our existing donors contribute significantly to our efforts to fund our partners in Ethiopia, this event is an ideal opportunity to meet some of our existing donors and build relationships with future donors. More about this to follow...

I hope you enjoy reading about all the wonderful work that you are supporting and I would like to thank you from the bottom of my heart for your generosity and kindness.

Warmest wishes,

David Murphy
Chair of Trustees



30th Anniversary

On 4th October 1989, our founder Sir Alec Reed CBE officially registered Ethiopiaid and we began supporting some of Ethiopia's most vulnerable people. Throughout 2019, we will be celebrating 30 years of working with our Ethiopian partners to realise our vision of an Ethiopia free from poverty, in which every person has access to quality education, healthcare and a life of dignity.

Visit our projects and take part in the Great Ethiopian Run 2019

If running a marathon isn't your thing, why not consider joining us for the Great Ethiopian Run in November 2019? This 10km run through the streets of Addis Ababa is like no other. You can walk, run or jog – and sing and dance – with 40,000 other participants, so that despite the altitude and heat you can take it at your own pace. This is an unforgettable challenge, open to everyone, and an experience you will never forget!

Whilst you are in Ethiopia, you will also be able to visit and volunteer with some of Ethiopiaid's partner charities (including Hamlin Fistula Hospital, Hope Street Children's Breakfast and Cheshire Services Children's Rehabilitation Centre). Come and see for yourself the transformational impact that your donations have had, meeting some of the many people your gifts have helped.

More information on how you can register interest, along with costs and dates for the trip, will be released in December.



If you want to organise or do something special to celebrate or fundraise with your community for us, please get in touch ahead of this special year.



The Afar Pastoralist Development Association (APDA) works with the most remote communities in Afar. Our partnership with APDA focuses on emergency relief and, thanks to your generous donations, APDA received funding in support of their drought emergency relief efforts to sustain thousands of lives through times of great hardship.

So much has been achieved and many lives saved, but sadly it is not the end of the story.

In a region where the dry season can last 7 months of the year, we know that these

vulnerable and destitute communities will face further droughts, floods and disease and we want to help them build resilience.

APDA have told us that households move from disease to malnutrition, continually requiring emergency support for food, water, medicines and veterinary support. Unreliable rains leave the entire household desperate to find pasture and water to keep their livestock alive. Supplies of meat and milk diminish quickly, leaving families eating a meagre diet of grain perpetuating the cycle of malnutrition. One in two children in the region are stunted and malnourished as a result.

Grazing areas now need rehabilitation from drought erosion and loss of grass-seeds, and the harvesting of rain-water and ground water is urgently required. Once families have healthy, fed and watered livestock then the household can feed, clothe and support itself.

In recent years we have been very fortunate to receive much support for APDA. Thanks to these incredible gifts €40,000 has been granted to APDA to provide the urgent resources, training and support needed by communities in the highly affected areas of Afar, where water trucking has become a costly and unsustainable annual need.

Additional funding provided by Ethiopiaid to APDA will support these communities to construct water management systems that will create year round water access and help to rehabilitate natural pasture, grow food and marketable crops.

The whole project will take 18 months to complete and will benefit 49,200 people. The next time that drought hits the men, women and children of these communities will be better placed to survive the crisis.

RESTORING WATER AND HOPE IN AFAR

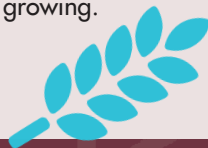


Expected impact:



9,000 people will no longer need water trucking thanks to the rehabilitation of a borehole which will bring thermal waters to the surface. It will also simplify water trucking for a further 15,000 people by shortening the journey from 270 km to 45km.

2,500 households will benefit from watershed management which will help regenerate natural vegetation, crop and fodder growing.



3,200 households will have shorter distances to collect water, a job undertaken by women and children.

6 water cisterns will be constructed to provide communities with a 3 month supply.



6 dams will be constructed in strategic places so that livestock can access water easily.

150 hectares of grazing land will be re-seeded and 500 fruit trees planted.



240 women will access micro finance so that they can grow, market and sell their produce in the local market place.

100 people employed for 60 days to work on construction and the land.





41st class of SMA's

Since 1994, Ethiopiaid have supported obstetric fistula projects, helping women recover from and prevent child birth injuries. It's incredible to see the achievements you help make possible year on year. In 2017 your support funded:

Hamlin Fistula Ethiopia (HFE)

- Midwives working in **46** rural government health centres across Ethiopia providing skilled delivery services to **10,844** labouring women.
- **12,994** women have benefited from the treatment, prevention, rehabilitation and reintegration programs.
- **844** surgeries were conducted.



"Had I not arrived at Hamlin I could be in a grave now, but thanks to this hospital I received unconditional love and care which I didn't get even from my own family. Blessings to you all."

Wubet - Hamlin Fistula patient

2017 FISTULA SUCCESS IN NUMBERS...



GONE, BUT NEVER FORGOTTEN



Teje Lewegneh was a resident of the Association of Women's Sanctuary and Development (AWSAD) for three years. She came to the Addis Ababa safe house with a terrible and shocking story.

Teje was 15 when three local men abducted her on her way to school. They took her to a house and locked her up for three days without food and water. When this ordeal was finally over, the men tried to get Teje to sign a paper stating that she was there of her own free will. When she refused, they drove her to the top of a cliff, assaulted her and threw her into the river below.

Teje was found by local farmers and taken to the nearest hospital, before later being referred to the Black Lion Hospital in Addis Ababa – due to the severity of her spinal injuries. She came to the safe house for bed-rest and counselling, with AWSAD providing regular medical treatment and social worker support. Although still paralysed, Teje had regained some sensation in her neck and arms and learnt to knit.

AWSAD helped Teje negotiate the legal system and brought her three attackers to justice. At the end of 2017, Teje felt ready to leave the safe house and went to live with her sister on the outskirts of Addis.

Ethiopiaid and AWSAD are very sad to report that on 12th March 2018 brave Teje passed away at home, surrounded by family and her AWSAD case-workers, at the young age of just 18. We are glad that Teje received such care and affection in the last few years of her life and send our condolences to her sister and the AWSAD staff who were so fond of her.

AWSAD provide safe shelter, rehabilitation, counselling medical treatment and training to survivors of abuse. Survivors are supported through the legal process and remain at safe houses for as long as necessary.

AWSAD services are in great demand. With no woman or child turned away, the safe houses are always full and often well over capacity.





DIGNITY PERIOD AFAR EXPANSION

The United Nations defines adequate menstrual hygiene management as “women and adolescent girls using a clean menstrual management material to absorb or collect blood that can be changed in privacy as often as necessary for the duration of the menstruation period...”

The response from our supporters since we began our partnership with Dignity Period in 2017 has been overwhelming. Thanks to your donations girls have received a simple re-usable sanitary pack, with many thousands more benefiting from education and awareness workshops.



This year, Dignity Period have teamed up with our partner (APDA Afar Pastoralist Development Association) and have expanded their work to the Afar region. APDA are already well known and respected across the region within the pastoralist communities for their work on the emergency drought relief. Dignity Period are able to use APDA's networks to find remote schools and help to translate information booklets and workshops into the Afar language.

The pastoralist way of life and the sparsely populated rough terrain has presented a difficult challenge for Dignity Period. The region is known for its heat, difficult road conditions, and arid landscapes.

Despite difficulties presented by language, culture and landscapes, so far this year, Dignity Period has already reached 6,743 Afari girls. They plan to reach 13,725 in total by the end of the year. An enormous achievement and one that we believe Dignity Period will keep on building on!



LEARNING ABOUT MENSTRUAL HEALTH AND HYGIENE IN ETHIOPIA

Education is one of the most effective tools for empowering girls and efforts must be made to ensure that all girls have the opportunity to continue their education.

Menstruation is called yewor abeba in the Ethiopian language Amharic, meaning “monthly flower”, menstrual hygiene is a monthly challenge for girls in Ethiopia as they struggle to properly manage their periods. In particular this can have negative consequences for girls' participation and performance in school and is linked to their absenteeism and dropout.

1 in 6 girls report having missed schooldays in the past year due to their menstruation, with absenteeism often leading to dropping out of school entirely. Girls who drop out of school are more likely to enter into marriage early, with dropout rates highest in Grade 8, around the same time as the onset of menstruation (age 14).

Research found that in Ethiopia girls' main methods for managing their periods included using old rags (58.6%), using nothing (14.8%), or wearing additional clothes or underwear (5.4%), with only some reporting the use of sanitary pads.

Negative cultural attitudes towards menstruation also have a negative impact on girls' ability to manage their period. In Ethiopia misinformation and negative beliefs about menstruation are widespread. In addition there is a lack of adequate sanitation facilities in schools

In addition, a study in Tigray in the northern part of Ethiopia found that 22% of males and 11% of females believes that menstruating girls should not attend school.

To ensure girls can continue and take advantage of their education they must be enabled to effectively manage their periods. A holistic response is required. To give girls control over their period they first and foremost girls need access to appropriate knowledge and information and access to clean, safe, affordable and ecologically sustainable sanitary products.



Louise Yorke PhD

Postdoctoral Researcher at REAL Centre,
Faculty of Education, University of Cambridge



VOCATIONAL TRAINING

Hope Enterprises is one of 8 institutions providing Technical Vocational Education and Training (TVET) in the Kolfe Keranyo sub city of Addis Ababa.

In recent years urban migration has significantly increased resulting in high youth unemployment in Addis, the driving factors being the lack of available productive land, lack of food, water and fewer employment opportunities in rural areas. Young people migrate in search of work and a brighter future but sadly the majority are left disappointed.

Since 1991 over 1,500 young people have been trained by Hope Enterprises TVET programme with 90% of them securing a job in less than 6 months after graduation. Currently all graduates are employed and the average income is ETB 2,500 (€78), a 400% increase from when they initially enrolled, helping to improve the livelihoods of not just the graduate but their whole family.

Hope's TVET programme is a story of success. They are recognised as one of the very best TVET providers by employers, the community and the Ethiopian Government. They target young people who are disadvantaged due to being disabled, orphaned, having HIV affected parents, or who cannot afford to pay tuition.

Students benefit from an apprenticeship scheme, support to find employment upon graduation and additional business and entrepreneurial training where they can access seed money, prepare business plans, produce saleable goods and run a small company on the campus.

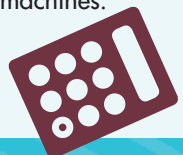
Hope's approach works and it changes lives.

Expected impact:



80 more students enrolled each year, taking total TVET student numbers to 400.

Graduates skilled in using modern technology and machines.



Improved employment prospects for graduates.

New technical machines and equipment



WWW

Internet access, new ICT and multimedia equipment

Expand and refurbish existing workshops and classrooms.



Additional teaching staff are employed.



ETHIOPIAN ART SALE

Last year Ethiopaid Ireland in partnership with the Makush Art Gallery had the pleasure to host the largest ever collection of Ethiopian art in Ireland, celebrating the best of the African nation's modern art.

We are delighted to confirm some paintings from the exhibition are still available for purchase.

If you wish to buy one of these beautiful paintings, please contact us at hello@ethiopaid.ie or call us **01 677 5188**.

Paintings are also available online at: ethiopianartshow.net



CORPORATE PARTNERSHIP



CREAN SALLEY
ARCHITECTS

Ethiopaid Ireland and Crean Salley Architects (CSA) have embarked on Ethiopaid Ireland's

first multi-year corporate partnership. In an ever-changing world of development, the involvement of the business community has often been a critical success factor in the socio-economic development of an overseas' development project. CSA management and staff recognise the

contribution made by Ethiopaid Ireland to local partners in Ethiopia. CSA's motivation is centred on "Women's Empowerment in Ethiopia". Studies show that when women are empowered the whole of society around them, wins! Families are healthier, more children attend school, productivity around them increases and income grows. Sustainability and resilience become the buzz words in a society reinvigorated by the socioeconomic benefits that trickle down.

...when you empower a woman you empower a generation
(derived from an African Proverb).

MAKE A DONATION



Set up a direct debit to make a regular gift*



Send a cheque or postal order



Make a credit or debit card donation



Make a secure online payment at ethiopiaid.ie



Give over the phone on: (0) 1 677 5188

**Regular gifts are so important to us and simple to set up. Knowing that we have a guaranteed income each month helps us to plan ahead with confidence.*



MAJOR DONORS & LEGACIES

Philanthropy and legacies enable opportunities for significant change. If you are considering giving in this way please contact Eufemia Solinas to discuss how you can engage with our work. Eufemia can be contacted at eufemia@ethiopiaid.ie or by calling:

(0) 1 677 5188



FUNDRAISE FOR US

We have lots of ideas - donations as wedding or birthday gifts or taking on a challenge. Take a look at 'How you can help' on our website.



TELL OTHERS

Share this newsletter with friends and family and encourage others to support us in whatever way they can.



MAKE YOUR GIFT GO FURTHER

If you pay tax under the PAYE system, Ethiopiaid can claim tax back on your donation if it exceeds €250 - €21 a month - in the tax year.

A monthly donation of €21 could become an amazing €36 a month.



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Ethiopiaid Ireland

Registered with the
Charities Regulator

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Please note names have been changed in the case studies and some library images used, to protect anonymity. In the unlikely event that all the donations cannot be applied to the featured projects, they will, at the Trustees' discretion, be applied to the furtherance of the charity's aims.