



A BRIGHTER FUTURE AHEAD

ETHIOPIAID

A MESSAGE FROM OUR CHAIR

It has been a busy year for Ethiopiaid and our partners. One of our key areas of work remains the eradication of obstetric fistula and you can read on the following pages how our three fistula partners combine surgery and rehabilitation to completely transform women's lives. The good news is that the number of cases in Ethiopia is beginning to decline and Hamlin and WAHA are now able to also treat women with uterine prolapse. These women suffer the same symptoms as fistula patients and many cases in Ethiopia go untreated, leaving women in acute pain with recurrent bladder infections or incontinence. It is encouraging to see our partners using their expertise, developed through treating fistula, to help cure women with prolapse as well.

Thanks to a number of legacies we are able to extend the reach of our work next year. Our partner, Dignity Period, who distribute free, washable, re-usable, environmentally-friendly and locally-produced sanitary pads to girls and young women are now expanding their programme in to the Afar region. A lack of adequate menstrual hygiene management is a widespread problem in this remote area and poses a significant barrier to the education and social advancement of girls. Dignity have already reduced school absences amongst girls by 23% in the Tigray schools they are currently working with and they very much hope they can repeat this achievement in Afar where they are aiming to reach 67,000 students in the next 3 years. They will be liaising closely with our other partner, APDA, who have been established in Afar for over 30 years and have extensive knowledge of the cultural sensitivities



and customs of the Afari people. It is wonderful to see our Ethiopian partners working together to share knowledge and ensure the best outcomes. We are so grateful to donors who remember us in their Wills as legacy income enables us to undertake major projects, like this one, that have significant impact.

You may be aware that in May 2018 new EU legislation is coming in which will have a

profound impact on Ethiopiaid and many other charities. The General Data Protection Regulation (GDPR) is the biggest overhaul of data protection legislation for over 25 years. At Ethiopiaid we have always prided ourselves on protecting our donors' contact details and never sharing data but from now on we also have to have your permission to contact you, not just for fundraising but even to send you a thank you letter. We don't want to lose touch with our loyal donor base and are deeply concerned that this new legislation will impact on our ability to raise funds. We are worried about the knock on affects this will have on our beneficiaries in Ethiopia. If our income drops they are the ones that will suffer. So I encourage you all to please fill out the enclosed response slip to give your consent so we can keep in touch and tell you how your support is helping some of the poorest people in Ethiopia.

I wish you and your loved ones a peaceful and happy festive season and thank you so much for your continued support.

Alex Chapman

Alexandra Chapman - Chair of Trustees

KEY ACHIEVEMENTS IN 2017



Hope College: **177** Students from 8 courses graduated in 2017

AWSAD: **17** young survivors of violence have been supported to complete their studies



Facing Africa performed **22** facial reconstruction surgeries during May's complex mission

DEWADA: **300** orphans cared for by elders were provided with food, medical and education support



Our fistula partners provided **2,500** women with free surgery to transform their lives

15,000 expectant mothers were safely delivered thanks to the expertise of Hamlin midwives



Ethiopiaid funded menstruation packs to be distributed to **80,000** girls through Dignity Period

Hope Enterprises' purchased and distributed **126,400** loafs of bread to vulnerable children.



1,636 patients were provided with Cheshire made prosthetic limbs, wheelchairs or walking frames

OBSTETRIC FISTULA

Obstetric Fistula destroys lives and is considered by many as a fate worse than death.

Women with obstetric fistula suffer terribly. Most become outcasts and are abandoned by their husbands, families and communities. Believing that there is no cure they live a desperate life alone.

Ethiopiaid supporters are helping our three partners to change this.

- **Hamlin Fistula Hospital** – 5 fistula hospitals, a midwifery college and 1 rehabilitation training centre
- **Women and Health Alliance International (WAHA)** – 3 fistula centres, 2 rehabilitation centres, midwife training, Woman Health Ambassador training, skills training & micro loans
- **Healing Hands of Joy** – 3 rehabilitation centres, Safe Motherhood Ambassador training, skills training & micro loans

When it comes to tackling fistula in Ethiopia our partners are leading the way. Together, they aim to reach every woman living with fistula, treat their devastating injury and help them resume their lives as mothers, wives and members of their community.

This combination of surgery, counselling, training and rehabilitation completely

transforms a women's life, healing both the body and her mind.

93% of obstetric fistula sufferers give birth to a stillborn baby. This terrible injury is caused by prolonged obstructed labour leaving holes between the vagina, rectum and urethra. An estimated 39,000 women in Ethiopia are still living with the incontinence, stigma and pain of obstetric fistula.

So much has been achieved by our partners already with significant improvements in fistula prevention and access to maternal care. However in rural areas women are still suffering with over 3,000 new fistula cases occurring every year. Obstetric fistula is preventable and curable. With surgery taking as little as 45 minutes, no woman should have to face a lifetime of suffering.

Together we can reach the thousands of women who are still living with fistula and bring an end to their suffering.

Looking ahead to next year:

- Provide free surgery to over 2,500 women living with fistula and transform their lives
- Train 300 fistula survivors to be Safe Motherhood and Women's Health Ambassadors so they can support expectant mothers to access maternal care
- Safely deliver 15,000 expectant mothers thanks to the expertise of Hamlin midwives who are based in communities
- Train and rehabilitate fistula survivors so that they can rebuild their lives
- Train midwives and share expertise with medical professionals across the country



£16

transports her whilst in labour to receive medical help



£30

pays for physiotherapy so she can regain strength and movement



£150

helps her with start up costs for a petty trade so she can earn an income



£200

helps her rehabilitate and learn income generation skills



£485

urgically repairs her fistula injury



£1000

trains two women to be safe motherhood Ambassadors



£2,600

trains a Hamlin midwife for one year



"In those painful times when I had a fistula I almost gave up. But then my injury was treated now I have a happy life. Thank you so much."

Wubesh who lived with fistula for 2 years before surgery

DROUGHT RELIEF

Back to back droughts and unpredictable rains across Ethiopia have continued to destroy communities and livelihoods. Many remote families in Afar have barely survived.

The response of Ethiopiaaid supporters to our emergency appeals has been overwhelming. The malnourished and most vulnerable have only been able to survive thanks to the donations our supporters have made and which have enabled the provision of food aid, water and medicine provided by our partner - the Afar Pastoralist Development Association's (APDA).

APDA have worked tirelessly to reach those most at risk, their health workers walk from household to household to reach pregnant mothers, children, the sick, elderly and the malnourished.

In 2017 APDA received grants from Ethiopiaaid totalling £146,000 to help cover the cost of continued water trucking, water purification tablets, food rations, livestock support and to keep its important healthcare workers in the field. This funding provided a safety net of support for thousands of people.

Climate change is likely to mean a future of frequent unpredictable rainfall, floods and devastating droughts in regions of Ethiopia. Water trucking is life-saving particularly for communities where the topography of the

land means drilling for water is impossible. APDA recognise that whilst water trucking is for some communities the only way to get clean and safe water, it is not a long term solution. They are working hard to implement long term interventions so that communities can harvest and store water when it does rain and reduce their reliance on water trucking.

In areas where the topography allows APDA hope to use their skills and equipment to drill new boreholes, install wells and maintain cisterns, which serve as a reservoir and storage for rainwater.



CARING FOR GRANDPARENTS AND ORPHANS

Every month 1,071 elders in three areas of Addis Ababa receive a modest monthly pension funded by Ethiopiaaid supporters.

These elderly men and women are destitute and living in abject poverty in the slums of Addis Ababa. The 200 Birr (£7) pension handed out each month by our partner DEWADA is a lifeline, providing the means to buy food and water.

Thanks to Ethiopiaaid supporters DEWADA have been able to continue their monthly pension scheme and also provide extra support to grandparents caring for 300 orphans. These additional payments mean grandparents can buy food, school uniforms, exercise books and access medical treatment. A further 15 children also received social worker support and had their school fees and transport costs paid.

In the past Ethiopiaaid supporters have helped to address elders extra needs such as funding eye care and cataract surgery and new clothing. Many of the elders only own one set of clothes, and washing laundry is impossible if there is nothing else to change into. You can imagine the impact, and the joy, of having new clothes, shoes and underwear.

This year increased food prices caused by the ongoing drought has meant elders being forced to stretch their pension further and further, until they were simply unable to afford even the basics. Thanks to your support we were able to

step in and provide emergency funding so that DEWADA could bulk buy staples like flour, oil, water, rice and salt. These have been rationed and distributed each month so that every elder and grandchild can at least eat one nutritious meal each day.

Elderly people are one of the most marginalised and forgotten groups we work with. DEWADA have a waiting list to join the scheme but sadly they simply do not have enough funding to accept more elders.



Looking ahead to next year:

Fundraising for the elderly is difficult and DEWADA have asked Ethiopiaaid to support them going forward with capacity building so that they can begin to secure new donors both in Ethiopia and internationally.

The needs for next year include maintaining the monthly pension and orphan payments, home repairs, provision of warm blankets, clothing and medical care.

£14

a month provides a monthly pension for an elder and orphaned grandchild



27,000 people accessed clean drinking water thanks to 88 days of water trucking



1,994,000 people each received 1.63 litres clean water daily



5,500 drought affected households had 5 water schemes refurbished



1,416 households provided with water purification tablets



1,512 poor and displaced individuals found work in the community cash for work road maintenance project
63 female headed households received unconditional cash transfers, along with the elderly and disabled, all of whom were unable to participate in the cash for work project

TREATING NOMA AND FACIAL DISFIGUREMENTS

Twice a year a team of volunteer surgeons, anaesthetists and nurses are recruited by our partner, Facing Africa, to travel to Ethiopia and treat the survivors of Noma, facial burns and tumours.

Noma is a devastating gangrenous infection that occurs mainly in malnourished babies and young children. It starts as a small infection in the mouth and within days can rapidly spread, eating away at tissue and bone. Over 85% of those infected die and the survivors are left with horrific facial injuries. They are scarred for life, emotionally and physically, isolated and hidden away by their families.

This year more than 40 facial reconstruction surgeries were undertaken. This included extremely challenging and complex surgeries for two gravely ill patients who would not have survived much longer.

£89
provides post operative residential care for one child and their carer

Ethiopiaid supporters fund the essential post operative care, accommodation and food for every patient helped by our partner.

"Recently I have returned from my eighth (complex) surgical mission to Addis Ababa in Ethiopia. As always, I come back older, slightly wiser but also humbled by what we see and do there. We are dealing with the treatment of a devastating disease called Noma... and those who survive often have terrible facial deformities as well as difficulties eating and drinking. We... treat these very challenging patients in the middle of a poor developing country."

- Hiroshi Nishikawa, Consultant Plastic, Reconstructive and Aesthetic surgeon.

Looking ahead to next year:

- Finding more Noma survivors - the ongoing drought has caused widespread displacement making them even harder to find
- Continuing outreach activities so that rural health workers can spot the early signs of Noma before it's too late
- Surgical and wound care training with Ethiopian medical staff

CHILDREN LIVING WITH DISABILITIES

Cheshire Services is a vital charity that provides a programme of holistic orthopaedic and rehabilitation services for children, young people and adults living with disabilities.

This year Ethiopiaid supporters have helped Cheshire to change the lives of nearly 2,500 children.

Cheshire have four sites across the country: Menagesha, Hawassa, Dire Dawa and Reed House (in Addis Ababa). Their programmes include corrective surgery, out-patient physiotherapy clinics, training for parents and carers, provision of mobility aids and a residential centre where, this year, 68 children stayed whilst undergoing corrective treatments. The centre at Menagesha is the only place of its kind in Ethiopia and children from across the country are treated there. Here they receive physiotherapy, hydrotherapy and are able to access informal education whilst they recover.

Every day life if you are living with a disability is incredibly difficult in Ethiopia.

An important area of Cheshire's work is the manufacturing of orthopedic limbs, shoes, rough rider wheelchairs and walking aids. These items are difficult to come by in Ethiopia and are very expensive to import. Cheshire's extensive workshop creates and assembles a variety of different mobility aids which are made to measure for adults and children. This year these devices have completely changed the lives of 1,636 children.

Cheshire also delivered a mobile outreach programme to 304 children. This home based rehabilitation enabled children to be supported after they have returned to their rural homes. This year 80 parents were also provided with livelihood support and skills based training as part of the programme.

Looking ahead to next year:

- 68 children will have corrective procedures and residential rehabilitation
- 340 parents and babies will be seen in the outpatient clinics
- 80 families of children with disabilities will be helped with skills training through a new livelihood project
- 1,636 children will be provided with mobility aids

£40
could contribute towards a prosthetic limb for a child



EDUCATION THROUGH HOPE

Last year we shared with you that, thanks to Ethiopiaid supporters, Hope Enterprise's school had begun work on replacing their dilapidated dining hall, an old 'chicken shed' which had served as an eating space for many years. We are delighted to announce the new dining hall was completed in spring 2017 and has provided a hygienic and welcoming space for all pupils to enjoy.

The end of the academic year saw graduation ceremonies taking place across all of Hope's seven schools. Kindergarten students enjoyed ceremonies and activities organised by year 9 pupils who performed fashion shows, poetry and songs in celebration.

Technical and vocational training (TVET) is an important element of Hope's work. Training young people to have the skills to obtain gainful employment upon graduation is crucial if they are to lift themselves out of poverty.

Hope's TVET students enjoy access to a range of courses from hospitality, catering and furniture making, to industrial electronics, metalwork and tailoring. Of the 140 graduates this year, 40 had already secured jobs before graduation. Hope is recognised by the Ethiopian government as the only educational NGO offering vocational training in Addis Ababa and to a standard higher than that of any other institution.

Hope's street children's breakfast programme continues to offer a simple intervention for the poorest children in Addis and Dessie. Around 1,200 children arrive every morning for a breakfast of milk, bread and a banana. Of these children 450 are already enrolled in school and helped with school supplies and uniforms. For those not in school the breakfast service offers an opportunity to engage them with basic education and offer support.

£450
could pay for 6 months of a TVET course for a young person

Hope also provides a lunch service for destitute elders and

adults living with disabilities. Every day they line up patiently for their daily meal, for many it is their only source of food.

Looking ahead to next year:

- Over 4,200 pupils attending Hope's primary and secondary schools
- 146 young people enrolled on Technical and Vocational Training courses
- 38 mothers and street girls trained in tailoring to help them earn an income
- 1,000 impoverished elders and disabled adults receiving one meal every day in Addis
- Improve livelihoods of student families through training in bee keeping and vegetable growing



The Hope dining hall



HOPE COLLEGE

Hope College of Science Business and Technology proudly hosted its 4th annual graduation on 8th July 2017.

177 students from 8 courses were presented with their degree certificates and shared the happy day with teaching staff, friends and family members. This year also saw the first graduates in Architecture and Environmental Science and Development.

The ceremony was hosted by Hope College's President Dr Alem Bazezew and guest of honour Ato Abreham Alero, President of Birhan International Bank.

Since its founding in 2003, Hope College has developed into a leading not for profit teaching institution which is now widely recognised for advancing value-based education in Ethiopia. Hope College currently has the most graduates serving in Ethiopia's public and private sectors.

Ethiopiaid supporters are enabling the poorest students to stay in college through sponsorship. Last academic year we were able to commit to sponsoring 78 young people throughout their 3 year courses.

Thank you to Ethiopiaid supporters for being with Hope College students every step of the way.

Looking ahead to next year

- 78 students from poor families sponsored
- 1,429 students enrolled in the College
- 180 students successfully graduating in July 2018

£553
will sponsor a student for 1 year of their studies

SURVIVORS OF GENDER BASED VIOLENCE

The Association of Women's Sanctuary and Development (AWSAD) work tirelessly to provide protection and support for female survivors of gender based violence. The women and girls who are referred to AWSAD have suffered emotional abuse, physical violence and rape, often by male family members, neighbours or employers.

Every year the demand for AWSAD's services grows. In the last 6 months alone AWSAD has supported 160 women and 73 of their children at their safe houses.

We are delighted to report that AWSAD have now opened their new safe house in Hawassa. Speaking at the inauguration

ceremony, Fantaye Gezahegn, Deputy Head of Charities and Societies Agency, said, "Because the only organisation in Hawassa that used to provide similar services closed down recently, this new AWSAD safe house is just in time. As a fast-growing city with an industrial zone that houses dozens of manufacturing companies, Hawassa is the destination of choice for women and girls throughout the region. Migrant women often become vulnerable to violence in their search for employment. AWSAD does the difficult job of helping these women recuperate from their trauma and develop a positive mindset to start thinking about development" Fantaye said.

£200

provides one survivor with a safe haven for 6 months



Further good news is that 17 young women at the Addis Ababa safe house are continuing to pursue their formal studies in primary, secondary and higher education. Thanks to your support AWSAD has been able to pay for school fees, educational materials (such as textbooks, stationery etc), uniforms, transport and a small allowance for personal costs. Staff have regular contact with these girls' schools so that their academic progress can be monitored and their studies supported.

AWSAD provide safe houses, legal advice, health services and vocational training for the women and girls in its

care, this includes teaching basic numeracy and literacy for those who have not had any formal education. Residents are also encouraged to develop their self-esteem and confidence by being physically active and developing their own interests. Two of the girls have already completed a scout fellowship course.

Many of the younger women ran in the Addis Ababa 5km run, with one of the girls winning a medal for completing the race in 30 minutes.

Looking ahead to next year:

- Providing protection and shelter for over 400 survivors
- Teaching children from 242 schools in Ethiopia about the harm of gender based violence
- Establishing a new safe house in the Northern Afar region
- Working with police and other officials to encourage reporting of abuse and violence



JOIN US IN ETHIOPIA!

Are you looking to challenge yourself, raise money for our partners and see the work you are supporting?

We have a trip for you that covers all of this and more!

Each November, Ethiopiaid runs a fundraising trip to Addis Ababa, offering you the once-in-a-lifetime chance to visit and volunteer with the partner charities you help us to support – giving you the opportunity to see the difference you make first-hand.

Visiting:

- Hamlin Fistula Hospital
- Hope Street Children's Breakfast
- Cheshire Services Rehabilitation Centre

During your visit you will also take part in the Great Ethiopian Run. This 10km run through the streets of Addis Ababa is like no other. You can walk, run or jog (and of course sing and dance) with 40,000 other participants, so despite the altitude and heat, you can take it at your own pace making it an achievable challenge for everyone and an experience that you'll never forget!

The 2018 trip dates are between 21st and 27th flying from Heathrow and requires you to commit to fundraising £2,500 (inclusive of flights and an upfront registration fee of £250).

If you would like to find out more information, please telephone Francesca Rutherford on **01225 476385** or email francesca@ethiopiaid.org.uk

Spaces are limited and allocated upon payment of the £250 registration fee.

This really is a once-in-a-lifetime experience!



THE GREATEST GIFT

We are always humbled by the generosity and commitment of our donors. The support we receive makes such a difference to the lives of the most vulnerable in a country that is still very poor.

Your Will is one of the most important documents that you will write, and the decisions about what happens to your estate after your death is a very personal one.

Leaving a gift in your Will does not cost you anything during your lifetime and is an opportunity to remember the people and the causes that you care deeply about. We hope that you will continue to be inspired by the work we do, and that, once you have looked after your friends and family, you will consider including Ethiopiaid in your Will.

"Ethiopia remains one of the poorest countries in the world and its people continue to endure terrible suffering. If a gift in my Will can ease that suffering, even for a few people, then it will have been a hugely worthwhile step to take."

Ethiopiaid Supporter

A number of our supporters have also chosen to give a living legacy so that they can enjoy seeing the significance of their gift during their lifetime. If this is an option you would like to explore please do get in touch. With living legacies eligible UK taxpayers can increase the value of their gift by 25% through HMRC's Gift Aid scheme.

To receive a free information pack on how to leave a gift in your Will please **telephone 01225 476385** or email mylegacy@ethiopiaid.org.uk.

MAKE A DONATION



Set up a direct debit to make a regular donation*



Send a cheque or postal order



Make a credit or debit card donation



Make a fast and secure online payment at ethiopiaid.org.uk



Donate over the phone on: 01225 476 385

**Regular gifts are so important to us and simple to set up. Knowing that we have a guaranteed income each month helps us to plan ahead with confidence.*



MAJOR GIFTS

Philanthropy enables opportunities for significant change. If you are considering giving in this way please contact Lisa Cousins, Executive Director, to discuss how you can engage with our work. Lisa can be contacted at lisa@ethiopiaid.org.uk or by calling:

01225 476 385



FUNDRAISE FOR US

We have lots of ideas - donations as wedding or birthday gifts or taking on a challenge. Take a look at 'How you can help' on our website.



TELL OTHERS

Share this newsletter with friends and family and encourage others to support us in whatever way they can.

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It's quick and simple to renew your gift aid declaration, simply get in touch with us.



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Please note names have been changed in the case studies and some library images used, to protect anonymity. In the unlikely event that all the donations from this appeal cannot be applied to the featured projects, they will, at the Trustees' discretion, be applied to the furtherance of the charity's aims.